

# 2020 Cafeteria Breakfast Features



## MEAL PRICING:

Full Price Breakfast	\$1.20
Free-Reduced Breakfast	FREE
Milk (additional half pint)	\$.025 (cash)

## CAFETERIA BREAKFAST MENU

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b> 1/20/20 2/24/20 3/30/20 5/4/20	Breakfast Sandwich  Egg Patty on English Muffin	Mini Waffles	French Toast Sticks	Bagel Bites Stuffed with cream cheese	Breakfast Pancakes
<b>WEEK 2</b> 1/27/20 3/2/20 4/6/20 5/11/20	<b>PANCAKE Sausage Stick</b> (pork)	Mini French Toast	Oatmeal Donut Stick	Scrambled Eggs  Wheat Toast	Fruit n Yogurt Parfait  WG Muffin
<b>WEEK 3</b> 2/3/20 3/9/20 4/13/20 5/18/20	French Toast Slices (2) w/fruit topping	Breakfast Pancakes	Egg Omelet  Wheat Toast	Breakfast Fruit Bread  Cheese Stick	Sausage Breakfast Biscuits (turkey)
<b>WEEK 4</b> 2/10/20 3/16/20 4/20/20 5/25/20	Scrambled Egg  WG Biscuit	French Toast Sticks	Hot Cereal School Donut	Pancake Bites (turkey)	Sausage Breakfast Pizza (turkey)
<b>WEEK 5</b> 2/17/20 3/23/20 4/27/20 6/1/20	WG Cinnamon Rolls	Egg Omelet  Wheat Toast	Toasted Whole Grain Bagel	Sausage Breakfast Croissant	Yogurt  Breakfast Cereal Bar

### Grab n Go Breakfast Lines:

#### FRUITS

Fruit of the Day  
½ c Fruit Juice

#### 2 GRAINS

2 Whole Grain Breakfast Items

#### MILK

Half pint  
1% or fat free

**PROTEIN** (extra)  
Yogurt, Meat or Cheese Stick

Subject to change due to snow days or product availability.

**NUTRITION BITES:**  
All breakfast lines include choice of 100% juice, fruit selection and low fat or fat-free milk.



Grab n Go - second chance breakfast - also offered at high schools and middle schools. Grab n Go breakfast to the classroom offers an alternative breakfast selection. Students eating breakfast are more alert in class and ready to achieve.