

February

Monongalia County Schools



2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Pork Pulled/Patty Sand Vegetarian HO-BO Beans Baby Carrots; Fruit Cocktail Milk - 8oz Serving	4 Chicken Nuggets Mixed Vegt.; Applesauce Spinach Salad Milk - 8oz Serving	5 Lasagna Roll & Salad Garlic Bread Sticks Pears Milk – 8 oz Serving	6 Chicken & Waffles Box Fresh Vegetable Pack Apple Slices Milk – 8 oz Serving	7 Taco Pasta Bake Tortilla Chips & Salsa Corn; Fruit of the Day Milk – 8 oz Serving	8
9	10 BBQ Chicken Cornbread/Pinto Beans Red Potatoes; Apples Milk – 8 oz Serving	11 Pepperoni Calzone Fresh Vegetable Pack Peach Cup; Sherbet Milk – 8 oz Serving	12 Fish Sticks/Mac & Cheese Green Beans; Pineapple Berry Smoothie Bar Milk – 8 oz Serving	13 Country Steak/Biscuit Mashed Potatoes Strawberries; Broccoli Milk - 8 oz Serving	14 Grilled Cheese Tom. Soup; Fruit Salad Spinach Salad; Heart Cookie Milk – 8 oz Serving	15
16	17  School Choice Entrée Whole Grain Choice Fruit and Vegetables Milk – 8 oz Serving	18 Sloppy Joe Baked Potato Broccoli; Applesauce Milk – 8 oz Serving	19 Turkey; Green Beans Mashed Potatoes/Gravy Cranberry Sauce; Roll Milk – 8 oz Serving	20 Egg; Sausage; Biscuit Hashbrown; Oranges Hummus & Peppers Milk – 8 oz Serving		22
23	24 Tangerine Chicken Fried Rice; Stir Fry Apples; Fortune Cookie Milk – 8 oz Serving	25 Walking Taco Black Beans; Pineapple Frozen Yogurt Cup Milk – 8 oz Serving	26 Philly Cheesesteak Seasoned Fries; Corn Peach Cup Milk - 8 oz Serving	27 School Cheese Pizza Fresh Vegetable; Grapes Slushie Cup Milk – 8 oz Serving	28 Hot Dog on Bun Tator Tots; Baby Carrots Applesauce Milk – 8 oz Serving	

Submit Meal Applications for FREE Meals online and meal payments by credit card/debit card at: <https://www.schoolcafe.com>