

Monday+A1:148	Cal.	Tuesday	Cal.	Wednesday	Cal.	Thursday	Cal.	Friday	Cal.
Muffin App-Cinn 558011	190	Eggo, Pcake, BB 284841	210	Donut 255363	230	Bagel Wht IW 217911	300	Bar Cherr App 265881	150
Banana Loaf 592072	160	No 2nd		No 2nd	0	Cream Ch Var. 863106/124960	70	Bar Straw Cherrio 265931	150
SunFlow/ H Egg 504180/563542	170	Mozz/Ched 786830/180192	60	Saus Stick 565850	40	Mozz/Ched 786830/180192	80	Yog/Gk Yogurt (Var) 551741/829541	80
Peach cup 131970	80	Fruit Mix Cup 131980	60	Apple Slices 473171	26	Straw Applesauce 699211	60	Grapes 158901	38
Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60
Milk - White	110	Milk - White	110	Milk - White	110	Milk - White	110	Milk - White	110
Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120
High/Middle	780	High/Middle	510	High/Middle	476	High/Middle	690	High/Middle	598
Elementary	610	Elementary	500	Elementary	466	Elementary	680	Elementary	438

610.8
538.8

Monday	Cal.	Tuesday	Cal.	Wednesday	Cal.	Thursday	Cal.	Friday	Cal.
Poptart Stw 695890	180	Frudel 838350/838340	210	Donut Stick WG 726932	180	Ban Choc Bar 875860	290	Cocoa Puff Sand 880370	160
Quak Choc Chunk 147891	90	No 2nd		Cin Toast Pouch 656562	110	No 2nd		Granola IW 649742	120
Saus Stick 565850	40	Mozz/Ched 786830/180192	60	SunFlow/ H Egg 504180/563542	170	Mozz/Ched 786830/180192	80	Yog/Gk Yogurt (Var) 551741/829541	80
Peach cup 131970	80	Fruit Mix Cup 131980	60	Apple Slices 473171	26	Straw Applesauce 699211	60	Grapes 158901	38
Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60
Milk - White	110	Milk - White	110	Milk - White	110	Milk - White	110	Milk - White	110
Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120
High/Middle	570	High/Middle	510	High/Middle	666	High/Middle	610	High/Middle	578
Elementary	470	Elementary	500	Elementary	546	Elementary	600	Elementary	448

586.8
512.8

Monday	Cal.	Tuesday	Cal.	Wednesday	Cal.	Thursday	Cal.	Friday	Cal.
BKFT Bar Cinn T 265891	150	Cinn Mini 894291	240	Donut 255363	230	Ban. Bread 230361	280	Cinn Toast Sand 880415	140
Chex Choc Car 265971	120	No 2nd		No 2nd		No 2nd		Ricekrsip Mixberr 123141	140
SunFlow/ H Egg 504180/563542	170	Mozz/Ched 786830/180192	60	Saus Stick 565850	40	Yog/Gk Yogurt (Var) 551741/829541	80	Mozz/Ched 786830/180192	80
Peach cup 131970	80	Fruit Mix Cup 131980	60	Apple Slices 473171	26	Straw Applesauce 699211	60	Grapes 158901	38
Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60
Milk - White	110	Milk - White	110	Milk - White	110	Milk - White	110	Milk - White	110
Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120
High/Middle	700	High/Middle	540	High/Middle	476	High/Middle	600	High/Middle	578
Elementary	570	Elementary	530	Elementary	466	Elementary	590	Elementary	428

578.8
516.8

Monday	Cal.	Tuesday	Cal.	Wednesday	Cal.	Thursday	Cal.	Friday	Cal.
Gran Sweet/salt 524661	170	Ftoast Cin Rush 150291	220	Donut Stick WG 726932	180	Oat ChocChip Bar 526283	290	Mam & Ch Sand 467612	150
G Graham Pouch 795420	110	No 2nd		Granola IW 649742	120	No 2nd		No 2nd	150
SunFlow/ H Egg 504180/563542	170	Mozz/Ched 786830/180192	80	Yog/Gk Yogurt (Var) 551741/829541	80	Mozz/Ched 786830/180192	80	Saus Stick 565850	40
Peach cup 131970	80	Fruit Mix Cup 131980	60	Apple Slices 473171	26	Straw Applesauce 699211	60	Grapes 158901	38
Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60
Milk - White	110	Milk - White	110	Milk - White	110	Milk - White	110	Milk - White	110
Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120
High/Middle	710	High/Middle	540	High/Middle	586	High/Middle	610	High/Middle	558
Elementary	590	Elementary	530	Elementary	456	Elementary	600	Elementary	398

600.8
514.8

Monday	Cal.	Tuesday	Cal.	Wednesday	Cal.	Thursday	Cal.	Friday	Cal.
Bkft Bar C Puff 265901	150	App Stuff Bstick 767140	240	Donut 255363	230	Bagel IW 217911	240	Kind choc chunk 512471	150
Quak Choc Chip 147881	90	No 2nd		No 2nd		No 2nd		Poptart Fudge 452062	180
SunFlow/ H Egg 504180/563542	170	Mozz/Ched 786830/180192	60	Saus Stick 565850	40	Yog/Gk Yogurt (Var) 551741/829541	80	Mozz/Ched 786830/180192	80
Peach cup 131970	80	Fruit Mix Cup 131980	60	Apple Slices 473171	26	Straw Applesauce 699211	60	Grapes 158901	38
Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60	Tot. Juice (Var)	60
Milk - White	110	Milk - White	110	Milk - White	110	Milk - White	110	Milk - White	110
Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120	Milk - Choc.	120
High/Middle	670	High/Middle	540	High/Middle	476	High/Middle	630	High/Middle	628
Elementary	570	Elementary	530	Elementary	466	Elementary	550	Elementary	438

588.8
510.8

Elementary - Calories based on 1% milk and NO 2nd Grain

Every Tuesday is warm grain day

Every Wednesday is Donut day