


# March

Monongalia County Schools



2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Cheese Quesadilla Tortilla Chips/Salsa Pineapple; Black Beans Milk - 8oz Serving	<b>2</b> Hamburger Cheese; Lettuce; Tomato Crinkle Fries; Applesauce Milk - 8oz Serving	<b>3</b> Popcorn Chicken Potato Smiles Baby Carrots; Pears Milk – 8 oz Serving	<b>4</b> Salisbury Steak Mashed Potatoes; Fruit Green Beans; Baked Roll Milk – 8 oz Serving	<b>5</b> Rotini Pasta & Sauce Garden Salad; Fruit Garlic Bread Stick Milk – 8 oz Serving	<b>7</b>
	<b>8</b> Meatball Sub Sweet Potato Fries Cucumbers; Strawberry Cup Milk – 8 oz Serving	<b>9</b> Chicken Nuggets Potato Smiles; Baked Beans Orange Wedges Milk – 8 oz Serving	<b>10</b> Lasagna Roll & Salad Garlic Bread Sticks Fresh Fruit Cup Milk – 8 oz Serving	<b>11</b> Chicken & Waffle Box Fresh Vegetable Pack Apple Slices Milk -8 oz Serving	<b>12</b> Deep Dish Pizza Steamed Broccoli, Fruit Frozen Yogurt Cup Milk – 8 oz Serving	<b>14</b>
	<b>15</b> School Choice Entrée Whole Grain Choice Fruit and Vegetables Milk – 8 oz Serving	<b>16</b> Pepperoni Calzone Fresh Vegetable Pack Peaches; Shamrock Cookie Milk – 8 oz Serving	<b>17</b> Fish Sandwich Green Beans; Fruit Berry Smoothie Bar Milk – 8 oz Serving	<b>18</b> Baked Ham; Corn Vegetarian HoBo Beans Warm Cinnamon Apples Milk – 8 oz Serving	<b>19</b> Grilled Cheese Tom. Soup; Fruit Salad Spinach Salad Milk – 8 oz Serving	<b>21</b>
	<b>22</b> Submarine Sandwich Cheddar Popcorn; Cookie Grapes; Fresh Vegetable Pack Milk – 8 oz Serving	<b>23</b> Chicken Parm & Pasta Garlic Breadstick; Fruit Creamy Coleslaw Milk – 8 oz Serving	<b>24</b> Chili w/ Baked Potato Cheese Bread Stick Salad; Applesauce Milk - 8 oz Serving	<b>25</b> Turkey; Green Beans Mashed Potatoes/Gravy Strawberries; Baked Roll Milk – 8 oz Serving	<b>26</b> Sausage Wrap Stick Hashbrown; Oranges Hummus & Peppers Milk – 8 oz Serving	<b>27</b> <b>28</b>
	<b>29</b> Cheese Quesadilla Tortilla Chips & Salsa Black Beans; Pineapple Milk – 8 oz Serving	<b>30</b> Hamburger Cheese; Lettuce; Tomato Crinkle Fries; Applesauce Milk - 8oz Serving	<b>31</b>			

Submit Meal Applications for FREE Meals online and meal payments by credit card/debit card at: <https://www.schoolcafe.com>