

# MHS HEALTH DEPARTMENT

DONNA MONAHAN, DEPARTMENT CHAIR, HEALTH, SPECIAL TOPICS

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THOMAS POWERS, HEALTH

BRIANNA PARKS, HEALTH, CPR/FIRST AID/AED

NICOLE NASTASI, HEALTH

# Health Education

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**Course Number:** 690910/690920

**Prerequisite:** None (Required by the state of WV for graduation)

**Grade Level:** 10/Full Year Course

**Course Description:**

A comprehensive health education program focusing on a positive approach to health. It is aimed at helping students become knowledgeable of facts related to health, as well as, helping to develop positive attitudes toward improving overall health. Topics covered include, but are not limited to, fitness, stress, mental health, suicide, nutrition, sexuality, decision making, substance abuse, first aid, and CPR. This course satisfies the health credit graduation requirement.

# Health *HONORS* Education

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**Course Number:** 69091H/69092H

**Prerequisite:** 9th grade Science teacher recommendation/signature required.

**Grade Level:** 10 /Full Year Course

**Course Description:**

A comprehensive health education program focusing on a positive approach to health. It is aimed at helping students become knowledgeable of facts related to health as well as helping them develop positive attitudes toward health. Topics covered include but are not limited to: fitness, stress, mental health, suicide, nutrition, sexuality, decision making, substance abuse, first aid, and CPR. Intended for students of above-average abilities and achievements who can master the skills at a faster rate and who can benefit from additional exploration on health-related topics.

# SPECIAL TOPICS HEALTH 1

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**Course Number:** 693210

**Prerequisite:** Health 10. Application and Health teacher recommendation required.

**Grade Levels:** 11, 12/First Semester Only

**Course Description:**

A one-semester elective for juniors and seniors who have completed Health 10 and are interested in the continued exploration of various health issues and concerns. The class is interactive, requires self-motivation, and fosters critical thinking and decision-making skills. Students research various topics, develop and deliver a puppet show, and teach a Peer Education lesson to students at Morgantown High School. Highly recommended to anyone interested in an teaching/educational career. ***NOTE: See Mrs. Monahan, or one of the Health Teachers, for an application and the application due date. Applicants for the class will receive an enrollment slip to attach to the Course Request form.***

# SPECIAL TOPICS HEALTH 2

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**Course Number:** 693320

**Prerequisite:** A/B in Special Topics Health I

**Grade Levels:** 11, 12/Second Semester Only

**Course Description:**

A one-semester elective for juniors and seniors who have completed Special Topics I and desire to expand the peer education experience. Students develop facilitation skills, research various topics, develop teaching materials and present lessons to youth and adults throughout West Virginia and surrounding states.

# SPECIAL TOPICS HEALTH 3

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**Course Number:** 693410/693420

**Prerequisite:** Special Topics Health II/Application/Interview

**Grade Level:** 12/Full Year course.

**Course Description:**

An elective for seniors who have completed Special Topics I/Special Topics 2 and are interested in continued cooperative teaching efforts. Students perform a vital role with regard to training the Special Topic 2 students in the delivery of all of the Peer Education lessons, assist in the delivery of the Special Topics 2 curriculum, update all Peer Education Lessons, serve as a mentor for an elementary student, and develop monthly health-related bulletin boards.

# CPR/FIRST AID/AED

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**Course Number:** 695110/695120

**Prerequisite:** None

**Grade Levels:** 9 , 10, 11, 12/One Semester Course/Available Each Semester

**Course Description:**

A one-semester elective structured around the American Red Cross First Aid/CPR/AED for Schools and the Community program. The course includes practical instruction in infant, child, and adult emergency care. Students are afforded the opportunity to become nationally certified in a variety of Red Cross programs such as, First Aid, CPR, AED, Life-Guard, Disaster Response, and Scrubby Bear. Certification cards may be obtained at the successful completion of the course. ***Note: There is a fee involved to pay for the cost of the Certification Card.***